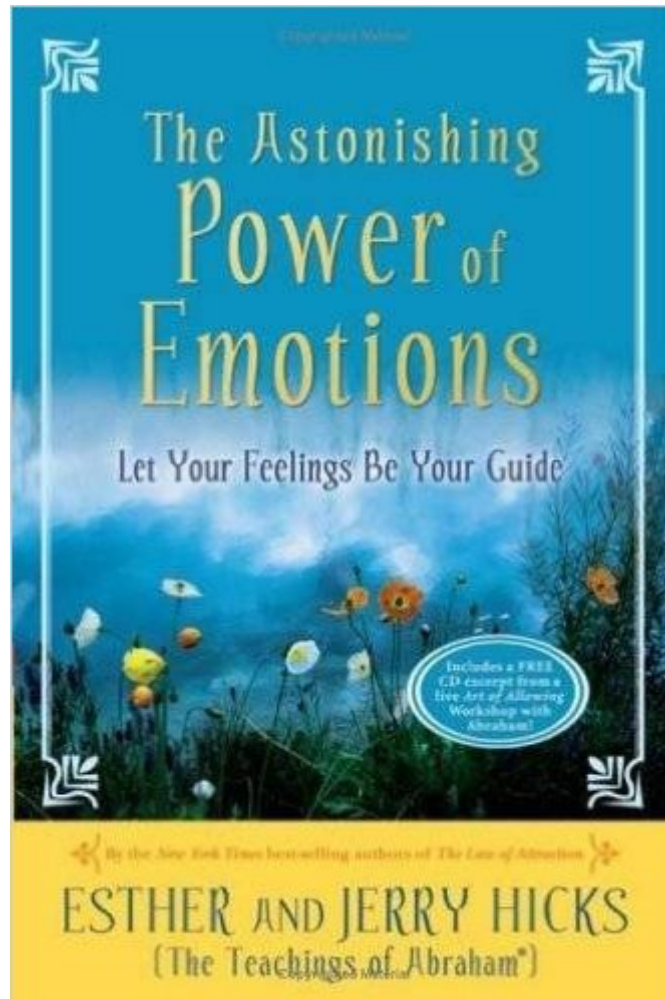


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# The Astonishing Power Of Emotions: Let Your Feelings Be Your Guide



## Synopsis

This leading-edge book by Esther and Jerry Hicks, who present the teachings of the Non-Physical entity Abraham, will help you understand the emotions that youâ™ve been experiencing all of your life. Instead of the out-of-control, knee-jerk reactions that most people have to their ever-changing life experience, this work will put those responses into a broader context. Youâ™ll come to understand what emotions are, what each of them means, and how to effectively utilize your new awareness of them. As you read, youâ™ll come to appreciate, and make peace with, where you are right now, even though there is so much more that you may desire. Every thought you absorb will bring you to a greater understanding of your own personal value and will show you how to open your own doors to whatever you may wish to be, do, or have. And as you turn the last page of this book, you will very likely find yourself thinking, I have always known this, but now, I know this!

## Book Information

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## Customer Reviews

The Astonishing Power of Emotions is undoubtedly the finest, most compelling, and most extraordinarily powerful book yet produced by Abraham and Esther Hicks. It was released a month ago in Australia, and during that time I have been fortunate enough to have been exposed to its contents now on a daily basis. For those familiar with Abraham's work, this book is somewhat of a departure from the earlier publications. It represents a glittering synthesis of each of the three Laws of the Universe (The Law of Attraction, The Law of Deliberate Creation, and the Law of Allowing), into a cohesive "system" that may be applied to any emotional or life situation one could possibly

encounter. Rather than place an emphasis on "processes", as in the earlier books, Abraham have refined and simplified their message (as if it wasn't simple already!) into a delightful metaphor of "upstream" and "downstream" thinking. They propose that on every subject, there are only two sorts of thoughts a person may engage in: upstream, or "resistant" thoughts, and downstream, or "allowing" thoughts. The degree to which an individual practices either literally determines their reality, as they are exposed to the flowing energy "Stream" of their vibrationally created desires calling them. It is a beautifully simple model that is employed throughout the book to extraordinary effect, as one turns each page increasingly astonished by the implications and promise of such an approach to life. The first third of the book consists of some of the most heartfelt, compassionate and uplifting teachings yet delivered by Abraham. They explain that, as vibrational beings, we are constantly expanding, constantly generating new ideas and desires that make us more than we were before.

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